

Meeting 3

- Before Meeting
 - **REMIND YOU GROUP TO COME PREPARED WITH THEIR LIFE-LINE!!!**
 - Encourage group to practice sharing their story. Have them aim for 5 minutes.
 - Send out this link to you group: <http://yourgogroup.org/meeting-3/>. It has an example of how to share your story through the Lifeline Exercise.
 - **Coming up with a GO is hard in this meeting** because it is relative to someone's story.
 - I have included some questions below to help. There are some **example GO's** online (see link above).
- **Step 2**
 - Explain How Follow Up Works
 - RYG – **Measures Progress**
 - Green Light – *I did my very best.*
 - Yellow Light – *I could have done more.*
 - Red Light – *My effort was very weak or non-existent.*
 - What You/God Did – **We participate with God in our obedience.**
 - I might have been disobedient, but the Spirit convicted me nonetheless.
 - I was faithful to serve someone, and God used that in a mighty way.
 - Give Group Expectations for Follow Up
 - If you nailed your GO, give God the praise. He directs us and empowers us to obey.
 - If you are an utter red light, be honest about it. Don't be defensive. We aren't perfect.
 - Point them back to #4-7 the Group Covenant (pg 4).
- **Step 3 – Two Key Things**
 - **During the Meeting – Manage the Time**
 - Everyone needs to be able to share **AND** we want to respect people's time.
 - Tell group beforehand.
 - 5 minutes max per story.
 - 2 minutes to discuss after each story.
 - Try and leave at least 10 minutes for Step 4.
 - **You as the leader go first. Be honest and vulnerable. Stick to the time limit.**
 - If you don't finish or someone is absent:
 - Finish the remaining stories during the next meeting during discussion time.
- **Step 4**
 - This GO is kind of hard to come up with. It is in relation to your story.
 - Ask these questions to your group:
 - What is the next step for you in your story?
 - What can you do this week to help you move towards forgiveness or healing from this part of your story?
 - What can you do this week to help you experience greater victory from _____ struggle?
 - Do you need to spend time this week seeking perspective from God in regards to loose ends or hardships in your story?
 - How could you spend time this week thanking God for your story?