

## Meeting 4

- Before the Meeting
  - Contact Group Members and Encourage them in their GOs.
- Step 3: The Abiding Exercise
  - HAMMER THIS: ***the grace of God is the fuel that drives GO.***
    - To cut of our relationship with God is to run on our own strength.
    - It's foolishness and a waste of time.
  - Your job as the leader is to reiterate the importance of being Green Light this next month.
    - Tell them: **This week Red or Yellow Light is not an option. We will all be green light.**
- Step 4
  - Everyone's GO is to stick to the schedule they just set.
  - GO Roles
    - I **highly recommend** your group to assume the different roles.
      - Why wouldn't we want to actively participate in helping each other establish consistent communication with God?
    - Grey Note at the bottom of this section (middle of page 20).
      - I recommend that you have someone else start facilitating on Meeting 7. Ask your group if anyone would like to start facilitating a meeting.
      - If you do this, make sure you give them access to these guides.
  - Removing Distractions
    - If someone thinks this is legalistic or too rules-based, explain this:
      - We want to remove distractions while we try and establish a godly habit.
        - It's like fasting.
        - We don't fast so that we will hate food. We fast to demonstrate that we love God more than food.
        - You won't have healthy discipline with unhealthy boundaries (too much Netflix, Facebook, political articles, etc.)
      - Distractions can steal our affections away from God and become idols.
      - We have an enemy who wants to cut off our communication with God.
        - He uses distractions to accomplish this.
        - There is a reason why it's easy for me to watch my favorite TV show while it's hard for me to read my Bible.
- Next Meeting Objectives
  - **Hammer that Step 3 and 4 of Meeting 5 (pg 23-31) needs to be done first!**
  - Encourage them to practice using these tools as they continue to abide with God.