



"HIGHS" & "LOWS," AND PRAYER TIME
In accountability, be sure to use your times of "Highs & Lows" not just as positive and not-so-good memories into sharing areas where you truly honored God and areas your need to grow. This habit is an easy way of sharpening one another for our good and God's glory.

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# **FOLLOW UP**

Evaluate how you did on last meeting's GO. If you need a reminder of what you pledged to do, turn back to page 65-66.

NAME	RYG	WHAT YOU DID	WHAT GOD DID
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NAME	RYG	WHAT YOU DID	WHAT GOD DID
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NAME	RYG	WHAT YOU DID	WHAT GOD DID
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NAME	RYG	WHAT YOU DID	WHAT GOD DID
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NAME	RYG	WHAT YOU DID	WHAT GOD DID
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#### **GO ONLINE**

The GO Group online material can be accessed at www.yourgogroup.org or through FBC Rowlett App. Click on "Meeting Material". To access this meeting's material, select Meeting 10.



Watch the video at the top of the page. To save time, consider watching videos individually ahead of time. There is a second video in this meeting under the discussion questions. It will be watched in Step 4.

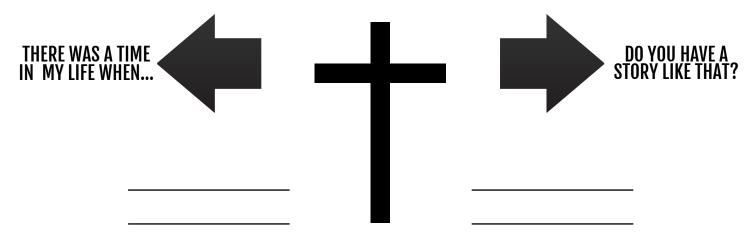


Discussion time will be limited in this meeting because you will be developing your 15-Second Testimony in Step 4. Take 10 minutes to discuss some of the questions online.



### **HOW TO SHARE YOUR STORY**

The ability to share your story quickly is a great tool to have when reaching out to a world that needs to know Christ. We call this the 15-Second Testimony. If an opportunity to talk about God presents itself, having this on hand can be helpful. Non-believers can debate our apologetics; they can refute the Bible's authority; but they can't argue with your story. Right now, you will learn how to share your 15-Second Testimony. In the coming meetings, you will practice this so you know it well enough to train someone else on it. There is a video under the discussion questions you just went through that explains how to do this. Watch it as a group, and then prepare your 15-Second Testimony by filling out the blanks below.



Here a sample 15-Second Testimony:

There was a time in my life when I was lonely and ashamed, but then I met Jesus and he changed everything for me. For the first time in my life I experienced peace and hope. Do you have a story like that?

NOTE: If you were saved very early in your life, you may not remember a time before Christ when you were ashamed, broken, hopeless, etc. Instead, you could say, "There was a time in my life when I only desired things for myself, but, when I met Jesus, everything changed. Now I love others and have a relationship with God in a way I cannot describe. Have you heard anything like this before?"

This is pretty easy! If you practice this, you will have it down in no time! Split up into groups of 2-3 and practice your story with one another at least a couple times. It might seem awkward at first, but **practice makes permanent**. This is can be a great way to start a spiritual conversation with someone in your Crossroad(s), your waitress out at dinner, or a family member.



# **GO TIME!**

Put your discussion into practice. Record what GO you want to take as well as how and when you intend to do it.



NAME	WHAT YOU WANT TO DO	HOW:
NAME	WHAT YOU WANT TO DO	
NAME ————————————————————————————————————	WHAT YOU WANT TO DO	
NAME	WHAT YOU WANT TO DO	
NAME	WHAT YOU WANT TO DO	
NAME	WHAT YOU WANT TO DO	



# **END GROUP WITH PRAYER (ACTS)**

**NEXT MEETING OBJECTIVES** 

You have nothing else to complete before next meeting besides your GO.